

Wo-Zha-Wa 2005

9/17/05

Report updated 9/19/05

Note: If you find errors in this report please contact me at james@bluechiptraining.com with corrections. This report will be available on the internet at www.bluechiptraining.com/wozhawa.

General Race Info

Wisconsin's Oldest Long Distance Race (38th Annual), Sunshine with temps ranging from the mid 60's to lower 70's. 150 total finishers (86 in four mile and 64 in half marathon) and for the first time in the history of the event the number of female participants in the four mile equaled the number of males. About one third of all participants were first timers.

Half Marathon

- 64 finishers (66 last year, 75 in 2003, 50 in 2002, 60 in 2001, 69 in 2000)
- 17 female (27%) and 47 male (73%)

Men's Division

| | | | |
|-------------------------|------------------|------------------|---------|
| 1 st Overall | Matt Howard | LaCrosse | 1:21:44 |
| 2 nd Overall | Steve Nathans | Madison | 1:26:40 |
| 3 rd Overall | Paul Kmiecik | Mauston | 1:29:24 |
| 1 st 0 - 15 | no entries | | |
| 1 st 16-20 | Michael Ferguson | Portage | 1:34:37 |
| 1 st 21-24 | no entries | | |
| 1 st 25-29 | Mark Berquist | Hales Corners | 1:41:55 |
| 2 nd 25-29 | Thomas Thompson | Milwaukee | 1:48:47 |
| 1 st 30-34 | Nathan Perry | Janesville | 1:38:47 |
| 2 nd 30-34 | Matthew Terry | Oshkosh | 1:44:47 |
| 1 st 35-39 | Dennis Puser | Wauwaukee | 1:30:00 |
| 2 nd 35-39 | Scott Hartwell | Portage | 1:47:43 |
| 1 st 40-44 | Roy Brandell | Wisconsin Rapids | 1:29:38 |
| 2 nd 40-44 | Dale Altimus | Prairie du Sac | 1:31:05 |
| 1 st 45-49 | Timothy Burns | Muscoda | 1:30:59 |
| 2 nd 45-49 | Steve Schmidt | Beaver Dam | 1:37:00 |
| 1 st 50-59 | Nelson Quiles | Greendale | 1:38:53 |
| 2 nd 50-59 | Paul Beck | Boscobel | 1:50:41 |
| 1 st 60+ | Peter Wadsack | Madison | 1:44:06 |
| 2 nd 60+ | Daryl Denman | Wisconsin Dells | 1:57:14 |

Women's Division

Wo-Zha-Wa 2005 Race Results

| | | | |
|-----------------------------|--------------------|---------------|---------|
| 1 st Overall (F) | Mari Smith | Sun Prairie | 1:30:39 |
| 2 nd Overall (F) | Lisa Rambo | Pewaukee | 1:44:58 |
| 3 rd Overall (F) | Leslie Slack | Fall River | 1:49:04 |
| 1 st 0-15 (F) | No Entries | | |
| 2 nd 16-20 (F) | No Entries | | |
| 1 st 21-24 (F) | Nora Strang | Milwaukee | 1:58:04 |
| 1 st 25-29 (F) | Nicole Maas | Endeavor | 1:53:36 |
| 2 nd 25-29 (F) | Katie Merrill | DeForest | 2:02:49 |
| 1 st 30-34 (F) | Melanie Peters | Cottage Grove | 1:49:31 |
| 2 nd 30-34 (F) | Jean Reiche | Sun Prairie | 1:53:35 |
| 1 st 35-39 (F) | Michelle Jens | Delafield | 1:51:16 |
| 2 nd 35-39 (F) | Myrna Hooper | Oxford | 2:00:05 |
| 1 st 40-44 (F) | Colleen Schowalter | Colgate | 1:57:28 |
| 1 st 45-49 (F) | Sheri Ebert | Friendship | 2:06:53 |
| 1 st 50-59 (F) | Peggy Brooks | Madison | 1:59:58 |
| 2 nd 50-59 (F) | Joanne Ehasz | Mauston | 2:06:34 |
| 1 st 60+ | No Entries | | |

Four Mile

- 86 finishers (86 last year, 80 in 2003, 100 in 2002, 82 in 2001 & 117 in 2000)
- 43 female (50%) and 43 males (50%)

Men's Division

| | | | |
|-------------------------|--------------------|-----------------|-------|
| 1 st Overall | Conor Smyth | Madison | 23:30 |
| 2 nd Overall | Corey Splittgerber | Berlin | 24:31 |
| 3 rd Overall | Jeff Nickels | Wauwaukee | 25:13 |
| 1 st 0-15 | Peter Horkan | Wisconsin Dells | 27:55 |
| 2 nd 0-15 | Hans Helland | Wisconsin Dells | 30:54 |
| 1 st 16-20 | Eric Cooke | Portage | 26:12 |
| 2 nd 16-20 | Adam Pohlkamp | Portage | 28:26 |
| 1 st 21-24 | No entries | | |
| 1 st 25-29 | Colin Sweeney | Sun Prairie | 28:06 |
| 2 nd 25-29 | Greg Mularz | Wisconsin Dells | 28:38 |
| 1 st 30-34 | Michael Warnke | Wisconsin Dells | 36:01 |
| 2 nd 30-34 | Richard Palomo | Gurnee, IL | 44:44 |
| 1 st 35-39 | Jeff Storch | Madison | 37:27 |

Wo-Zha-Wa 2005 Race Results

| | | | |
|-----------------------|----------------------|--------------|-------|
| 1 st 40-44 | Mike Damkot | Sheboygan | 25:40 |
| 2 nd 40-44 | Tom Gantz | Sherrill, IA | 28:07 |
| 1 st 45-49 | David Rihn | Madison | 27:06 |
| 2 nd 45-49 | Scott Christopherson | Clinton | 28:10 |
| 1 st 50-59 | Craig Charles | Muncie, IN | 28:14 |
| 2 nd 50-59 | Pat Learnahan | Chicago, IL | 30:08 |
| 1 st 60+ | Jack Allen | Friendship | 35:08 |
| 2 nd 60+ | Ron Pemberton | Milwaukee | 35:32 |

Women's Division

| | | | |
|-----------------------------|----------------------|-------------------|-------|
| 1 st Overall (F) | Anna Boldon | Middleton | 27:19 |
| 2 nd Overall (F) | Beth Shaad | Mazomanie | 30:13 |
| 3 rd Overall (F) | Melissa Raaths | Neenah | 30:14 |
| 1 st 0-15 | Alicia Johnson | Wisconsin Dells | 31:38 |
| 2 nd 0-15 | Jen Yost | Wisconsin Dells | 35:13 |
| 1 st 16-20 | Lacey Joslin | Sturgeon Lake, MN | 31:21 |
| 2 nd 16-20 | Lisa Joslin | Sturgeon Lake, MN | 46:45 |
| 1 st 21-24 | Erin Kissack | Lake Delton | 30:46 |
| 1 st 25-29 | Melissa Gillamme | Wisconsin Dells | 33:53 |
| 2 nd 25-29 | Ann Lewis | Jefferson | 34:25 |
| 1 st 30-34 | Julia Van Dinter | Wisconsin Dells | 31:46 |
| 2 nd 30-34 | Julie McCormick | Waukesha | 36:39 |
| 1 st 35-39 | Leslie Benitz | Wisconsin Rapids | 32:21 |
| 2 nd 35-39 | Mary LaVigne | Wisconsin Dells | 35:17 |
| 1 st 40-44 | Rose Connelly | Sparta | 37:43 |
| 2 nd 40-44 | Melanie Platt-Gibson | Lake Delton | 42:34 |
| 1 st 45-49 | Deb Wearne-Neurohr | Rio | 33:06 |
| 2 nd 45-49 | Peggy Alf | Portage | 35:29 |
| 1 st 50-59 | DonnaJean Gifford | Madison | 38:18 |
| 2 nd 50-59 | Jane Heller | Wisconsin Dells | 38:37 |
| 1 st 60+ | Darlene Brewer | Janesville | 39:22 |
| 2 nd 60+ | Olka Yanke | Prairie du Sac | 44:27 |

Wo-Zha-Wa 2004

9/17/05

Report updated 9/18/05

Note: These results are available via e-mail as an MSWord document. Contact me at james@bluechiptraining.com and request the 2005 WZW race results. They are also available online in pdf format at www.bluechiptraining.com/wozhawa.

64 finishers (66 last year, 75 in 2003, 50 in 2002, 60 in 2001, 69 in 2000)
17 Female - 47 Male

Half Marathon Results (9/17/05)

| Place | Name | City | Time | Age Category |
|-------|------------------|------------------|-------------|-------------------------------|
| 1 | Matt Howard | LaCrosse | 1:21:44 | 35-39 1 st Overall |
| 2 | Steve Nathans | Madison | 1:26:40 | 35-39 2 nd Overall |
| 3 | Paul Kmiecik | Mauston | 1:29:24 | 50-59 3 rd Overall |
| 4 | Roy Brandell | Wisconsin Rapids | 1:28:21 | 40-44 |
| 5 | Denny Puser | Waunakee | 1:30:00 | 35-39 |
| 6 | Mari Smith | Sun Prairie | 1:30:39 (F) | 35-39 1st Overall |
| 7 | Timothy Burns | Muscoda | 1:30:59 | 45-49 |
| 8 | Dale Altimus | Prairie du Sac | 1:31:05 | 40-44 |
| 9 | Michael Ferguson | Portage | 1:34:37 | 16-20 |
| 10 | Steve Schmidt | Beaver Dam | 1:37:00 | 45-49 |
| 11 | Kurt Benzine | Poynette | 1:38:29 | 40-44 |
| 12 | Nathan Perry | Janesville | 1:38:47 | 30-34 |
| 13 | Nelson Quiles | Greendale | 1:38:53 | 50-59 |
| 14 | Dan Dunn | Oshkosh | 1:39:40 | 40-44 |
| 15 | Jeff Holmquist | LaCrosse | 1:40:21 | 40-44 |
| 16 | Mark Berquist | Hales Corners | 1:41:55 | 25-29 |
| 17 | Jeff Bakken | Monona | 1:42:08 | 40-44 |
| 18 | Michael Brennan | Grayslake IL | 1:42:13 | 45-49 |
| 19 | Peter Wadsack | Madison | 1:44:06 | 60+ |
| 20 | Matthew Terry | Oshkosh | 1:44:47 | 30-34 |
| 21 | Lisa Rambo | Pewaukee | 1:44:58 (F) | 35-39 2 nd Overall |
| 22 | Ted Itzov | West Bend | 1:45:03 | 45-49 |
| 23 | Rich Davis | Portage | 1:47:22 | 40-44 |
| 24 | Scott Hartwell | Portage | 1:47:43 | 35-39 |
| 25 | Thomas Thompson | Milwaukee | 1:48:47 | 25-29 |
| 26 | Bill Champeau | Pardeeville | 1:49:02 | 40-44 |
| 27 | Leslie Slack | Fall River | 1:49:04 (F) | 40-44 3 rd Overall |
| 28 | Melanie Peters | Cottage Grove | 1:49:31 (F) | 30-34 |
| 29 | Paul Beck | Boscobel | 1:50:41 | 50-59 |
| 30 | Rob Allen | DeForest | 1:50:48 | 50-59 |
| 31 | Michelle Jens | Delafield | 1:51:16 (F) | 35-39 |
| 32 | Mike McHugh | DeForest | 1:51:47 | 45-46 |
| 33 | Eric Reiche | Sun Prairie | 1:53:04 | 35-39 |
| 34 | Jean Reiche | Sun Prairie | 1:53:35 (F) | 30-34 |
| 35 | Nicole Maas | Endeavor | 1:53:36 (F) | 25-29 |
| 36 | Brian McGuire | Mauston | 1:54:04 | 45-49 |
| 37 | Kevin Clark | Woodbury, MN | 1:55:53 | 30-34 |
| 38 | ?? #450 | | 1:55:54 | 40-44 |

Wo-Zha-Wa 2005 Race Results

| | | | | | |
|----|----------|----------------|-----------------|-------------|-------|
| 39 | Jessica | Nelson | Chicago, IL | 1:56:49 (F) | 30-34 |
| 40 | Terry | Nelson | Waunakee | 1:56:51 | 50-59 |
| 41 | Scott | Slack | Fall River | 1:57:10 | 40-44 |
| 42 | Deryl | Denman | Wisconsin Dells | 1:57:14 | 60+ |
| 43 | Howard | Ogden | Loganville | 1:57:24 | 40-44 |
| 44 | Colleen | Schowalter | Colgate | 1:57:28 (F) | 40-44 |
| 45 | Nora | Strang | Milwaukee | 1:58:04 (F) | 21-24 |
| 46 | Fred | Tennessee | New Lisbon | 1:59:45 | 50-59 |
| 47 | Peggy | Brooks | Madison | 1:59:58 (F) | 50-59 |
| 48 | Myrna | Hooper | Oxford | 2:00:05 (F) | 35-39 |
| 49 | Gregg | Steinhaus | Portage | 2:01:01 | 40-44 |
| 50 | Albert | Fontaine | Madison | 2:02:08 | 50-59 |
| 51 | Dean | Anderson | Cottage Grove | 2:02:31 | 45-49 |
| 52 | Katie | Merrill | DeForest | 2:02:49 (F) | 25-29 |
| 53 | Ken | Turek | Westchester, IL | 2:03:14 | 60+ |
| 54 | Michelle | Diercks-Potter | Adams | 2:04:06 (F) | 25-29 |
| 55 | Joanne | Ehasz | Mauston | 2:06:34 (F) | 50-59 |
| 56 | James | Ehasz | Platteville | 2:06:37 | 50-59 |
| 57 | Shere | Ebert | Freindship | 2:06:53 (F) | 45-49 |
| 58 | Dan | Calef | Adams | 2:10:12 | 50-59 |
| 59 | Matt | Shappell | Pardeeville | 2:10:54 | 35-39 |
| 60 | Mark | Hoernke | Arkdale | 2:10:55 | 30-34 |
| 61 | Lisa | Daly | New London | 2:16:31 (F) | 30-34 |
| 62 | Jay | Daly | New London | 2:16:32 | 25-29 |
| 63 | Al | Kopplin | Hartland | 2:18:35 | 45-49 |
| 64 | Bill | Lofthus | Monona | 2:28:09 | 60+ |

End Report – Half Marathon

Wo-Zha-Wa 2005

Report updated 9/19/05

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86 finishers (83 last year, 80 in 2003, 100 in 2002, 82 in 2001, 117 in 2000)
43 Female - 43 Male

Four Mile Race Results (9/17/05)

| Place | Name | City | Time | Age Category |
|-------|----------------------|-------------------|-----------|-------------------------------|
| 1 | Conor Smyth | Madison | 23:30 | 35-39 1 st Overall |
| 2 | Corey Splittgerber | Berlin | 24:31 | 25-29 2 nd Overall |
| 3 | Jeff Nickels | Waunakee | 25:13 | 40-44 3 rd Overall |
| 4 | Mike Damkot | Sheboygan | 25:40 | 40-44 |
| 5 | Eric Cooke | Portage | 26:12 | 16-20 |
| 6 | David Rihn | Madison | 27:06 | 45-49 |
| 7 | Anna Bolden | Middleton | 27:19 (F) | 35-39 1 st Overall |
| 8 | Peter Horkan | Wisconsin Dells | 27:55 | 0-15 |
| 9 | Colin Sweeney | Sun Prairie | 28:06 | 25-29 |
| 10 | Tom Gantz | Sherrill, IA | 28:07 | 40-44 |
| 11 | Scott Christopherson | Clinton | 28:10 | 45-49 |
| 12 | Craig Charles | Muncie, IN | 28:14 | 50-59 |
| 13 | Greg Mularz | Wisconsin Dells | 28:26 | 25-29 |
| 14 | Adam Pohlkamp | Portage | 29:38 | 16-20 |
| 15 | Paul Ingebretson | Madison | 30:07 | 45-49 |
| 16 | Pat Learnahan | Chicago, IL | 30:08 | 50-59 |
| 17 | Beth Schadd | Mazomanie | 30:13 (F) | 30-34 2 nd Overall |
| 18 | Melissa Raaths | Neenah | 30:14 (F) | 25-29 3 rd Overall |
| 19 | Benito Rivera | Wisconsin Dells | 30:37 | 40-44 |
| 20 | Gary Mortimer | Wisconsin Dells | 30:45 | 40-44 |
| 21 | Erin Kissack | Lake Delton | 30:46 (F) | 21-24 |
| 22 | Hans Helland | Wisconsin Dells | 30:54 | 0-15 |
| 23 | Drew Piehl | Poynette | 31:05 | 0-15 |
| 24 | Dave Clemens | Wisconsin Dells | 31:18 | 50-59 |
| 25 | John Brecke | Madison | 31:19 | 45-49 |
| 26 | Lacey Joslin | Sturgeon Lake, MN | 31:21 (F) | 16-20 |
| 27 | Dan Gavinski | Wisconsin Dells | 31:23 | 45-49 |
| 28 | Mark Patton | Baraboo | 31:24 | 50-59 |
| 29 | Randy Gilner | Wisconsin Dells | 31:30 | 40-44 |
| 30 | Alicia Johnson | Wisconsin Dells | 31:38 (F) | 0-15 |
| 31 | Julia Van Dinter | Wisconsin Dells | 31:46 (F) | 30-34 |
| 32 | Joey Van Dinter | Wisconsin Dells | 32:47 | 40-44 |
| 33 | Alex Baxter | Portage | 32:03 | 16-20 |
| 34 | Leslie Benitz | Wisconsin Rapids | 32:21 (F) | 35-39 |
| 35 | John Powers | Onalaska | 32:41 | 50-59 |
| 36 | David Murray | Wisconsin Dells | 32:55 | 45-49 |
| 37 | Deb Wearne-Neurohr | Rio | 33:04 (F) | 45-49 |
| 38 | Melissa Gillaumme | Wisconsin Dells | 33:53 (F) | 25-29 |

Wo-Zha-Wa 2005 Race Results

| | | | | | |
|----|-----------|---------------------|---------------------|-----------|-------|
| 39 | Ann | Lewis | Jefferson | 34:25 (F) | 25-29 |
| 40 | Jack | Allen | Friendship | 35:00 | 60+ |
| 41 | Jen | Yost | Wisconsin Dells | 35:15 (F) | 0-15 |
| 42 | Mary | LaVigne | Wisconsin Dells | 35:17 (F) | 35-39 |
| 43 | Peggy | Alf | Portage | 35:29 (F) | 45-49 |
| 44 | Ron | Pemberton | Milwaukee | 35:32 | 60+ |
| 45 | Michael | Warmke | Wisconsin Dells | 36:01 | 30-34 |
| 46 | Amanda | McDonough | Wisconsin Dells | 36:11 (F) | 0-15 |
| 47 | Kim | Iczkowski | Muskego | 36:18 (F) | 25-29 |
| 48 | Lana | Kropp | Madison | 36:19 (F) | 45-49 |
| 49 | Jerry | Fulk | Fort Wayne, IN | 36:21 | 45-49 |
| 50 | Sami | Defosse | Wisconsin Dells | 36:24 (F) | 0-15 |
| 51 | Julie | McCormick | Waukesha | 36:39 (F) | 30-34 |
| 52 | Linda | Ruhland-Stage | Reedsburg | 37:14 (F) | 35-39 |
| 53 | Jeff | Storch | Madison | 37:27 | 35-39 |
| 54 | Rose | Connelly | Sparta | 37:43 (F) | 40-44 |
| 55 | Leo | LaVigne | Wisconsin Dells | 38:06 | 50-59 |
| 56 | DonnaJean | Gifford | Madison | 38:18 (F) | 50-59 |
| 57 | Jody | Henry | Wisconsin Dells | 38:28 (F) | 25-29 |
| 58 | Jane | Heller | Wisconsin Dells | 38:37 (F) | 50-59 |
| 59 | Marilyn | Miller | Richland Center | 38:44 (F) | 50-59 |
| 60 | Pat | Semrad | Chicago, IL | 38:53 | 25-29 |
| 61 | Agueda | Corona | Hoffman Estates, IL | 38:54 (F) | 25-29 |
| 62 | Julia | Schneider | Gotham | 39:07 (F) | 0-15 |
| 63 | Darlene | Brewer | Janesville | 39:22 (F) | 60+ |
| 64 | JoEllen | Sigmund | Evansville | 39:47 (F) | 45-49 |
| 65 | Nancy | O'Donnell-Bordering | Lake Delton | 40:03 (F) | 35-39 |
| 66 | Tara | Anchor | Wisconsin Dells | 40:27 (F) | 30-34 |
| 67 | Craig | Gronau | Beloit | 41:03 | 50-59 |
| 68 | Joy | Royston | Wisconsin Dells | 41:19 (F) | 45-49 |
| 69 | Mary | Callen | Portage | 41:39 (F) | 30-34 |
| 70 | Mike | Gavin | Wisconsin Dells | 42:27 | 0-15 |
| 71 | Betty | Gronau | Beloit | 42:30 (F) | 50-59 |
| 72 | Melanie | Platt-Gibson | Lake Delton | 42:34 (F) | 40-44 |
| 73 | Heather | Dettloff | Hoffman Estates, IL | 44:11 (F) | 30-34 |
| 74 | Judy | Corona | Palatine, IL | 44:23 (F) | 30-34 |
| 75 | Okla | Yanke | Prairie du Sac | 44:27 (F) | 60+ |
| 76 | Richard | Palomo | Gurnee, IL | 44:44 | 30-34 |
| 77 | John | Walsh | Spring Grove, IL | 44:45 | 45-49 |
| 78 | James | Schneider | Gotham | 44:50 | 50-59 |
| 79 | John | Hartnett | Oxford | 46:04 | 60+ |
| 80 | Mary | Huber-Drake | Oregon | 46:16 (F) | 30-34 |
| 81 | Lisa | Joslin | Sturgeon Lake, IL | 46:45 (F) | 16-20 |
| 82 | James | Vondra | Berwyn, IL | 47:37 | 50-59 |
| 83 | Kirsten | Hummel | Wisconsin Dells | 48:02 (F) | 30-34 |
| 84 | Judy | Andres | Oxford | 48:32 (F) | 50-59 |
| 85 | Ginger | Daly | Baraboo | 60:00 (F) | 50-59 |
| 86 | Leo | Daly | Baraboo | 60:00 | 50-59 |

End Report